

2009 Fitness Packages

One Hour Personal Training Session

\$55.00

Gold Package

Buy 6 Personal Training Sessions

Get 2 Free!

Valued at \$440.00

Wildcat Price: \$330.00

Silver Package

Buy 4 Personal Training Sessions

Get 1 Free!

Valued at \$275.00

Wildcat Price: \$220.00

Couples Package

Buy 1 Personal Training Session,

Second Person gets 1/2 Off!

\$55.00 + Second Person (\$22.50) = \$77.50

Wildcat Cliffs is happy to announce that in 2009, Fitness Director Natasha Walker will be providing full service personal training. All members will receive a free initial assessment and one full hour personal training session. Whether you are a fitness fanatic or a beginner in the Fitness Centre, Natasha specializes in individualizing your workouts to help you meet your specific goals.

Remember, it's never too late to become physically active!